



April 2019

# Westglen School

## PAWPRINTS

Westglen will engage every student in meaningful learning by challenging, encouraging and believing in them in a middle school setting

### PRINCIPAL'S MESSAGE

Dear parents,

Our school, along with many others, is taking a hard look at attendance data. [Research](#) shows that *students who miss even a few days each month are at far greater risk of academic failure and dropping out* than students who attend regularly. The **best prediction** of passing classes and getting high grades in high school comes from a combination of just **two indicators—grades and attendance**. Students who are chronically absent (more than 10% absent), often have difficulty with academic content, struggle to maintain positive relationships with peers or adults in the school and have higher rates of disengagement and school failure over time than students with regular attendance. Currently at Westglen, **22%** of our students fall into the chronic absenteeism category!

I know that it is not always easy to get to school each day - I'm a parent, too! Many situations can cause a student to be absent from school but just missing a couple of days a month can add up in a hurry! We are happy to work with you to help your student maintain regular attendance. Please contact your child's teacher or myself at 335-8700.

I want to sincerely thank you for your efforts to help your student attend school regularly. By working to ensure your daughter or son is in school every day when not seriously ill, you are helping your student have the best chances in school and in life.

[www.westglen.ca](http://www.westglen.ca)

Westglen School  
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Bag 200  
Didsbury, AB  
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Ph: (403) 335-8700  
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Principal:  
Carolyn Massel

Vice Principal:  
Allan Whitehead

*"Promise me, you will always see the good in every child"*  
Mrs. Linda Pothier



# STRONG LEADERSHIP SETS STUDENTS AND STAFF UP FOR SUCCESS



## *A MESSAGE FROM THE SUPERINTENDENT*

### **Strong leadership sets students and staff up for success**

A Message from The Board of Education

As elected Trustees with the Chinook's Edge Board of Education, we are leading an initiative to ensure that Education is a priority discussion throughout the current provincial election process. Albertans will vote on April 16th for the party that will lead our province into the future. To us, this must include a vision that ensures adequate supports for the students and school communities we serve. We are keen to discover what each party's Education platform is and what each candidate's Education priorities are.

We have developed an information sheet ([link](#)) that outlines our top priorities for Education, and encourage our school communities to join us in discussing Education with your local candidates. Thank you for working with us to find solutions that continue supporting our quality learning environments for students. Together, we will ensure that Chinook's Edge remains the school division 'where students come first'. On behalf of the entire Board of Education, thank you for your involvement in moving our division forward.

**Colleen Butler, Chair**

**Chinook's Edge Board of Education**

## SCHOOL NEWS

### *BAND NOTES*

Our grade 8 band has been asked to perform at the **Olds Kiwanis Music Festival Grand Concert** this year which is a concert that showcases the top performers and performances from the music festival. It is a huge honour to be asked!!

**The concert is on Tuesday, April 2 at 7 pm at the TransCanada Theatre in Olds**, and involves playing O Canada and one other of our pieces to start the evening concert. The students then would be able to leave. **Including warmup, I anticipate that this would involve a time commitment of 45 minutes from 6:30 - 7:15.**

It is a huge honour to be asked to perform at this concert and full participation from all band members is necessary. I am very excited about this opportunity for our students to showcase their talents!

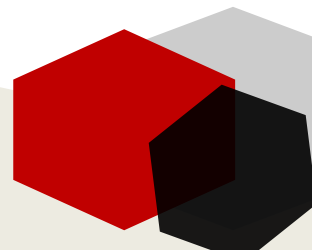
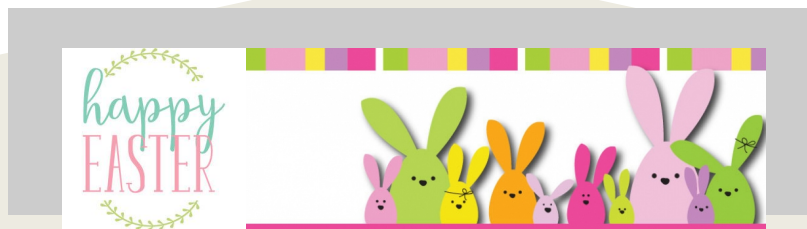
Reminders:

\*This is a required concert for all grade 8 band members. All students are to be in their black concert dress clothes.

\*Students do not have to stay for the entire concert, they may leave after our performance. (Expected time commitment 6:30 pm - 7:15 pm)

\*If you are driving your child, **students must be in the warm-up room at the TransCanada Theatre by 6:30 pm.** \*

**If your child is needing a ride, they will need to be at Westglen by 6:00 pm.** They will also need to be picked up from there as well.



### **Mission:**

Chinook's Edge School Division will engage every student in meaningful learning by challenging, encouraging and believing in them.

### **Vision:**

Chinook's Edge School Division will be universally recognized as a collaborative learning community where learning is personalized for all students to achieve success as compassionate and innovative global citizens.

*Your Trustee, Gord Kerr, is always available and happy to hear from you. Visit the Board section of our division website at [www.cesd73.ca](http://www.cesd73.ca) for his contact information.*

*Superintendent Kurt Sacher can be contacted directly from the Board section as well.*

## SCHOOL NEWS

### *MOUNTAIN VIEW SCIENCE FAIR*

Two of our grade five students were awarded the bronze medal at the Mountain View Science and Technology Fair. They are advancing to the Red Deer Science Fair at the end of March.

Well done, girls!

### *LIBRARY NEWS*

Our book fair will run from April 2nd to April 5th. Any money earned will be going to purchase student resources. We look forward to seeing you there.

The end of the school year is quickly approaching. Please ensure that all overdues are back before the end of June. Students can see what they need to be return via the internet and the Destiny program. Please return them as soon as possible.

GOOD READING!!

Mrs. Nickel

### *BADMINTON NEWS*

Badminton is underway! Grade 7s practice on Tuesday and Thursdays and grade 8s practice Monday and Wednesdays. All practices are from 3:30 -5:00 pm.



ABOVE: Claire and Avery show off their bronze medals. Congratulations, girls!

### *GRADE 5 FUNDRAISING*

Grade five students have started selling World's Finest Chocolates to raise money for camp in June. The kids will enjoy two days at River's Edge Camp, near Cremona, June 13 and 14th.

### *PARENT SURVEY*

Thank you for taking a few minutes to complete our parent survey. We are already beginning to plan for the 2019-2020 school year, and the feedback we receive from parents is valuable for determining what is working well and identifying where we can improve. The survey will remain open until April 12th.

<https://www.surveymonkey.com/r/BBW5TY3>

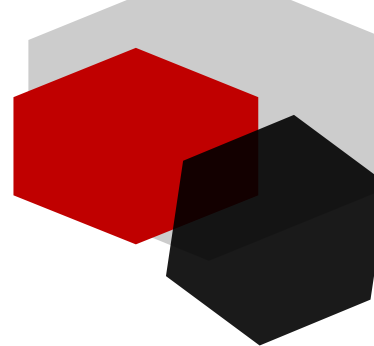
### **True Spirit of Hockey Day, March 22nd**







# DGC Junior Golf



**Are you interested in a fun summer golf program for your kids?**

**Didsbury Golf Club offers a Junior Membership for the golf season for only \$95 (includes gst)  
Juniors must be between age 6 & 17**

Your Junior Golf Membership will include the following:

- \*7 group golf lessons with a golf pro (Mr. Dallas Johnson) running Thursday mornings in July and August.
- \*A junior windup including a fun morning of golf, lunch & prizes.
- \*Use of our junior clubs & pull carts for no charge
- \*Freedom to golf every Thursday morning with only other junior golfers on the course.
- \*Ability to golf at the Didsbury Golf Club for the full 2019 season

**If this interests you, then check out the pro shop at the Didsbury Golf Club to get registered  
for a fun, golf filled summer.**

**Deadline for Junior registration (for lessons) is June 24th, lessons start July 4th and run every Thursday morning  
hourly from 8am-12pm and the windup will be held on August 22nd.**

**\*Thanks to Gil's Truck and Auto for sponsoring the summer program with proceeds from their annual  
GTA Jr Golf Tournament**

**For info call: DGC 403-335-3635 [www.didsburygolf.ca](http://www.didsburygolf.ca)**

FIELD HOCKEY ALBERTA

## DIDSBURY SPRING LEAGUE

- Registration for 2019 season now open -



Spring league will consist of Funstix (ages 6-9) and Chinooks Edge (ages 10-14). The Funstix program is based on the fundamentals of field hockey. Older players will focus on basic skill development while introducing team tactics. All skills are taught through fun drills and weekly mini-games.

New (first year) athletes will receive a stick with registration! Athletes will need shin pads, socks, water bottle and mouth guards.

**[WWW.FIELDHOCKEY.AB.CA](http://WWW.FIELDHOCKEY.AB.CA)**

## OLDS AMATEUR FOOTBALL ASSOCIATION



### Football Registration Night

**When:** March 27 + April 16

**Time:** 6:00 pm to 8:00 pm

**Where:** Olds Arena  
5133 52 Street



**AGES 10-12**

**Peewee Huskies**



**AGES 13-15**

**Bantam Bulldogs**



Committed to making play and sport accessible to everyone who wants to play. Thanks to JUMPSTART and MOUNTAINVIEW KIDSPORT. Contact us for more details.



For More Information Contact: Doug at 403-559-9191  
[oldsfootballinfo@gmail.com](mailto:oldsfootballinfo@gmail.com) • Facebook @oldsfootball



# April 2019



Sun	Mon	Tues	Wed	Thurs	Fri	Sat
	1 (Day 2) Scholastic Book Fair arrives	2 (Day 3)	3 (Day 4) -Grade 6 swimming 1:00 -Parent-Teacher Interviews 4:00-7:00pm	4 (Day 5) Parent-Teacher Interviews 4:00-7:00pm	5 (Day 1)	6
7	8 (Day 2) Scholastic Book Fair ends	9 (Day 3)	10 (Day 4)	11 (Day 5)	12 (Day 1)	13
14	15 (Day 2)	16 (Day 3)	17 (Day 4) Grade 5 swimming 1:00	18 (Day 5)	19 Good Friday (no school)	20
21	22	23	24	25	26	27
<b>Spring Break - April 19-26</b>						
28	29 (Day 1)	30 (Day 2)				

# MAKE NOW FOREVER

Get your pictures in the yearbook with the ReplayIt app.



Check our school's free photo sharing app.  
It's the feed for this year's best moments as they  
happen and your chance to make the yearbook.

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**DOWNLOAD THE REPLAYIT APP**



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# **BASKETBALL**

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**Boys and girls come join us for community basketball**

**WHERE? At the Westglen school gym, Didsbury**

**WHO & WHEN? Grades 2-7**

**Tues April 2, 9 & 16**

**Wed May 1, 8, 15, 22 & 29**

**Wed June 5 & 12**

**TIMES? Grades 2-4 5:30-6:30pm**

**Grades 5-7 6:45-8:00pm**

**COST? \$25 + \$10 FunTeam Alberta Liability Insurance**

**(unless you've paid already through DFT hockey this 2019 season)**

**Registration/fee collection will be at Westglen School, Didsbury on**

**Wed March 13, 2019 from 5-7pm.**

**For more information find us on Facebook as**

**Didsbury Funteam Basketball.**

**Places are limited!**





# Healthy Children

April 2019 Parent Newsletter



## Avoiding Common Allergies

Sending your child to school can bring new parenting challenges. One of these can be food – especially if your child has an allergy.

There are 3.4% of Canadians who have an allergy to food. According to Health Canada, the number of children with allergies is closer to six percent. Most food allergies come from these ten products:

- Peanuts
- Dairy
- Wheat
- Soy
- Mustard
- Tree nuts
- Eggs
- Sesame
- Sulfites
- Fish and shellfish

People can have allergies to just about anything, including chocolate! A school can be a tough challenge for a child with allergies. Some suggestions to help along the way include:

- Make sure the administration is aware and knows if your child needs an auto injector
- Have your child wear a medic alert bracelet
- Find out what the school policy is on common allergens for lunches, snacks and special events

As your child gets older they can start to read food labels to check for allergens. Encourage them to ask about ingredients and cooking methods, because the allergen may not be in the food, but used as a part of cooking.



**For more information about food safety, visit**

<https://www.canada.ca/en/health-canada/services/seasonal-food-safety/safe-school-lunches.html>

## Articles

Avoiding Common Allergies

What You Need to Know about Your Child's Sexual Development

Did you know that you can subscribe to the federal government's list of food recalls to keep informed about foods recalled based on undeclared ingredients at: <http://www.healthycanadians.gc.ca/recall-alert-rappel-avis/index-eng.php>



**Alberta Health  
Services**

To find an electronic copy of this newsletter visit [www.ahs.ca/csh](http://www.ahs.ca/csh)

# Healthy Teens

April 2019 Parent Newsletter



## Safe Lunches

One of the tasks many of us do before leaving for work or school is make sure everyone in the house has a lunch. Whether taking a lunch for work or school, here are some tips to make sure the lunch is still safe to eat at lunchtime.

Wash your hands before starting to make lunch. Wash fruits and vegetables that you are including in the lunch. Use clean tools to prepare the lunch.

Prepare the items the night before and keep them refrigerated. This will keep the food safe and save time in the morning.

Choose an insulated lunch bag that is easy to clean. You can

use a small ice pack or frozen juice box to keep items cold.

Keep hot foods hot by pre-warming your insulated container with boiling water and letting it stand for a few minutes. Empty the water and put the hot food in the container. This will help hot food stay hot until lunchtime.

Some options that do not need to be kept cold are whole fruits and vegetables, dried fruit and vegetables, cereals, bread and crackers and unopened cans of meat or fish.



**For more information about food safety, visit**

<https://www.canada.ca/en/health-canada/services/seasonal-food-safety/safe-school-lunches.html>

## Articles

Safe Lunches

Talking with Your Teen about STIs

Did you know that you can subscribe to the federal government's list of food recalls to keep informed about foods recalled based on undeclared ingredients at: <http://www.healthycanadians.gc.ca/recall-alert-rappel-avis/index-eng.php>



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