



January 2022

Westglen School

PAWPRINTS

Westglen will engage every student in meaningful learning by challenging, encouraging and believing in them in a middle school setting

PRINCIPAL'S MESSAGE

Happy New Year!! We are so thrilled to be back in person this week! In keeping with the resolutions that many of us have made, our focus this month is on health and wellness because all of the research shows us that students learn most effectively when they are properly nourished, physically active and part of a positive social environment.

Encouraging a commitment to physical fitness and active living is one of the main goals of our physical education program. There are recess activities available for the students, team sports and the programs offered by the YES programs that help us meet these goals. Each of our classes has phys ed or DPA (Daily Physical Activity) each day and we also expect our students to go outside for exercise and fresh air at both recess breaks. We would ask that you help us to reinforce the message to your child that being physically active is an important use of their time and is essential to healthy living. A special thank you to all of our volunteer coaches and drivers who help make sure that everyone who wants to play is able to!

Our school store and vending machine offer healthy choices and the majority of our students participate in the breakfast program in order to get their day off to the best start possible. Our gratitude is extended to the many individuals and groups in the Didsbury community who have very generously donated to the Breakfast Program both through monetary donations and by volunteering their time. We work very diligently to make Westglen a safe and caring community and staff and students discuss this throughout the year. As well, we are fortunate to have our FSW worker, Mrs. Kerr, available to give students extra support when they are dealing with difficult issues.

www.westglen.ca

Westglen School
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Bag 200
Didsbury, AB
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Fax: (403) 335-8702

Principal:
Carolyn Massel

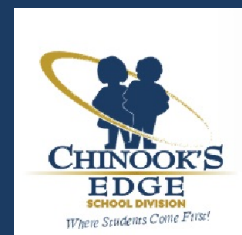
Vice Principal:
Allan Whitehead

*"Promise me, you will always see
the good in every child"*
Mrs. Linda Pothier

No School Days:
Friday, January 14th
Monday, January 31st
February 21st - 25th



OUR COMMITMENT TO HEALTH AND WELLNESS OF OUR STUDENTS AND STAFF



A MESSAGE FROM THE SUPERINTENDENT

In Chinook's Edge, we know that creating a positive social-emotional culture in our schools will significantly impact the well-being and achievement of both students and staff. We care deeply about this priority and the entire division is engaged in creating SEW supportive classrooms. Social Emotional Well-being (SEW) has been a key divisional goal for us for several years.

Under the direction of Dr. Marcie Perdue, Associate Superintendent of Student Services, Chinook's Edge has developed a series of training sessions for school leaders, teachers and support staff. The focus of these sessions is to promote universal social emotional strategies, such as focusing on the classroom environment and using visuals to support classroom routines. The training also focuses on the importance of developing emotional vocabulary and self awareness. The strategies are being shared through training to all division staff who work directly with students: teachers, educational assistants and school administrators. A highlight of the training sessions was recognizing key characteristics which capture the most impactful social emotional classroom environment.

This determined focus, to bring social emotional well-being supports to life in every school, will help students and staff reach their full potential. When everyone in our school communities are met each morning knowing they are welcome, safe, cared for and respected, they are more open to learning, leading and succeeding.

We would like to hear from you about this priority through a brief survey on our website: [Let's Talk Social Emotional Well-being](#).

On behalf of the Board of Trustees and the Central Office Leadership Team, we wish each of our Chinook's Edge families a happy and healthy new year! Here is the latest [Board eNews](#), and please visit our website for more Trustee Updates.

Kurt Sacher,
Superintendent of Schools

READY, SET, GO! WELCOME TO ONLINE KINDERGARTEN

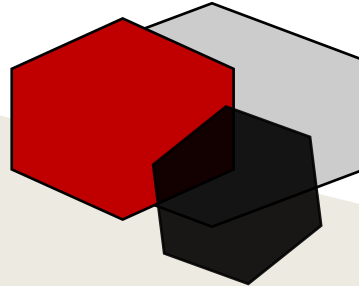
Chinook's Edge will now be accepting online Kindergarten Registrations for the 2022-2023 school year. For more information please visit our website [HERE](#)!

COVID-19 INFORMATION

We encourage you to visit the Chinook's Edge website if you are looking for information regarding the **COVID-19 Alberta Health Daily Checklist**.

Your Trustee, Gord Kerr, is always available and happy to hear from you. Visit the Board section of our division website at www.cesd73.ca for his contact information.

Superintendent, Kurt Sacher, can be contacted directly from the Board section as well.





SCHOOL NEWS

BAND NOTES



Our virtual band concert was a success and our students showed their amazing talent! Ms. Lummerding is asking for some feedback if you could take time to fill out this form.



SUBWAY LUNCH

We have tentatively booked **Thursday, January 27th** for a Subway lunch at school! Order forms will be on Student Quickpay today and **orders will be due by Thursday, January 20th at noon**. If we have to cancel last minute, orders will be saved for a future date.

BLOCK 8

Any students requiring extra time or help with homework are welcome to attend Block 8 in the Library. Grade 5 & 6's can attend on Wednesdays and grade 7 & 8's are on Mondays right after school until 4pm.



SNACK SHACK

The Snack Shack will re-open next week with safety protocols in place. Menu items and price lists are on our website.



We have so much to be grateful for in our school and community, and we'd like to acknowledge the generosity of the following businesses and individuals that helped us in December:

- Front Porch Realty,
- Town of Didsbury - Vicki Godsall,
- Vintage Coffee Bar,
- Bill Windsor,
- the volunteers for Turkey Dinner,
- all of the students and their families who gave us thoughtful Christmas gifts and cards.



January 2022



Sun	Mon	Tues	Wed	Thurs	Fri	Sat
	PLEASE CHECK OUT THE CALENDAR ON OUR WEBSITE FOR UP TO DATE INFORMATION!					1
2	3	4	5	6	7	8
	Extended Christmas Break					
9	10 (Day 5) BACK TO SCHOOL	11 (Day 1)	12 (Day 2)	13 (Day 3)	14 NO SCHOOL FOR STUDENTS YES Movie for Students	15
16	17 (Day 4)	18 (Day 5)	19 (Day 1)	20 (Day 2) SUBWAY ORDERS DUE AT NOON.	21 (Day 3)	22
23	24 (Day 4)	25 (Day 5)	26 (Day 1)	27 (Day 2) SUBWAY LUNCH	28	29
30	31 - NO SCHOOL FOR STUDENTS & STAFF					



We are currently looking for School bus drivers in all areas. If you are interested in becoming a school bus driver please apply online at www.cesd73.ca under Careers/Casual

Support Staff, by email at transportation@cesd73.ca or by calling our office at 403-227-7072

Chinook's Edge is one of the largest school divisions in the province, serving over 11,000 students in 43 Central Alberta schools between Calgary and Red Deer. Our schools are located in 13 small communities that sprawl east and west from the Highway 2 corridor, conveniently providing Chinook's Edge staff and families with the best of both worlds

WILDCAT SNACK SHACK PRICE LIST

Nutella Snacks	\$1.50
MadeGood Oatmeal Bites	\$1.00
Dad's Chocolate Chip Cookies	\$0.50
Heart Choc-Chip Cookies.....	\$0.50
Famous Amos Cookies	\$0.50
Tuna Snacks	\$3.00
Beef Jerky	\$2.50
Veggie Stix.....	\$1.50
Ranch Veggie Stix.....	\$1.50
SmartFood Popcorn	\$1.50
SunChips	\$1.50
Pepperoni Sticks.....	\$1.50
Trail Mix (contains nuts)	\$1.00
Protein Drinks (chocolate/strawberry)	\$3.00
Vitamin Water (orange, berry, lemon)	\$2.50
Iced Tea	\$1.25
Juice (orange, apple)	\$1.25
Vanilla Ice Cream Sandwich.....	\$1.50
Chocolate Sundae Cup	\$1.00
Fudgsicle	\$0.50