



May 2023

# Westglen School

## PAWPRINTS

### PRINCIPAL'S MESSAGE

Spring has finally arrived and we are thrilled that so many of our students are walking, biking, skateboarding and riding scooters to travel around Didsbury. We will be discussing road safety in Advisory classes but we would appreciate if parents would also review safety expectations with students. At this age, safety isn't always the first consideration of our students, so they need all the reminders that we can give them!

Vehicle traffic – Thank you again for being so respectful of our parking and traffic challenges at the school. In most families, our emails only go to one parent and we are finding that many people are still unaware that there should be **no vehicle traffic in the teacher parking lot at all during the school day** (unless you need to access the handicap parking). Even if you are “only going to be a minute”, we would ask that you please park in the designated areas. Especially with the weather warming up, our students are using this area regularly throughout the school day. Additionally, if there are vehicles parked at the curb, it creates difficulty for handicapped accessibility.

*Carolyn Massel*

**Parent**  
ORIENTATION

**GRADE 9 ORIENTATION - for  
GRADE 8 PARENTS on Tuesday,  
May 9th @ 6 PM at the Didsbury  
High School**

[www.westglen.ca](http://www.westglen.ca)

Westglen School

2405 23 Ave

Box 200

Didsbury, AB

T0M 0W0

Ph: (403) 335-8700

Fax: (403) 335-8702

Principal:

Carolyn Massel

Vice Principal:

Kylie Miller

*"Promise me, you will always  
see the good in every child"*

Mrs. Linda Pothier

**NO SCHOOL**

**May 5th, 19th,  
22nd & 29th!**

# SCHOOL NEWS



## Congratulations Central Alberta Rotary Science Fair Bronze Medal Winners!

Congratulations to Hayleigh and Kyla Kellough for winning a bronze medal at the Central Alberta Rotary Science Fair for their project "Shining the Light on MS".

Hayleigh and Kyla also won a family river rafting trip from the Kerry Wood Nature Centre. Well done girls.

## Congratulations Badminton Wildcats for rocking the counties tournament!



### **BAND UPDATE**

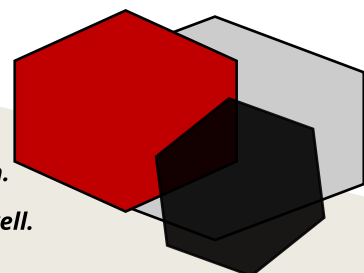
All school instruments must be returned to the school by **June 20th** so that they can be sent away for cleaning and any repairs. Please make arrangements for your child's instrument to be at the school by that date.

**The Band Concert is on June 15th at 7:00 pm - Stay tuned for more information.**



*Your Trustee, Gord Kerr, is always available and happy to hear from you. Visit the Board section of our division website at [www.cesd73.ca](http://www.cesd73.ca) for his contact information.*

*Superintendent, Kurt Sacher, can be contacted directly from the Board section as well.*



# May 2023



Sun	Mon	Tues	Wed	Thurs	Fri	Sat
	1 DAY 4	2 DAY 5	3 DAY 1 HATS ON FOR MENTAL HEALTH 	4 DAY 2	5 COLLAB DAY - NO SCHOOL FOR STUDENTS	6
7	8 DAY 3	9 DAY 4 Grade 6 Des Crossley Forest Field Trip 	10 DAY 5 Grade 5 Wetlands Field Trip 	11 DAY 1 Pizza 73 Lunch Orders by 11:45am	12 DAY 2	13
14	15 DAY 3	16 DAY 4	17 DAY 5	18 DAY 1 <b>PIZZA 73</b> LUNCH	19 PD DAY NO SCHOOL	20
21	22 VICTORIA DAY NO SCHOOL	23 DAY 2	24 DAY 3	25 DAY 4	26 DAY 5 Grade 8 Band Rehearsal and sleep over Grade 5 Swimming 1:00pm	27
28	29 NO SCHOOL NON INSTRUCTIONAL DAY	30 DAY 1 Parent Advisory Council 12:00 pm -1:00 pm	31 DAY 2			

## Family School Wellness program - support for students

A message from Superintendent Kurt Sacher



CESD Family School Wellness team

During the 2022/23 school year there have been more than 11,000 individual sessions with students and a Chinook's Edge Family School Wellness (FSW) Worker. That's about 10% more than last year, and this year is not yet complete.

Coming out of the pandemic, school divisions all over the country are seeing an impact on students who are experiencing challenges with social and emotional wellness, including difficulty adjusting to the pace of learning, and difficulty with social connection.

Chinook's Edge is serious about responding to this challenge. One layer of the [many supports we offer](#) is the Family School Wellness program.

### What is a family school wellness worker?

- Chinook's Edge employs 25 Family School Wellness (FSW) workers.
- FSW workers have expertise and qualifications in youth wellness
- While all of our Chinook's Edge staff are charged with helping students holistically - FSW workers have a unique opportunity to support your child one-on-one focused on their social and emotional needs.

### What students see FSW workers?

- The top 3 reasons Chinook's Edge students were referred to FSW last year:
  - Emotional regulation - experiencing anxiety, sadness, and /or anger
  - Relationship challenges with peers at school / school conflict
  - Family relationship challenges
- The criteria for a student to see FSW is that their challenge is impacting them at school

### How does a student get referred to FSW?

- Students are referred to FSW through a teacher, a principal, or their parents. Students can self refer.
- Every student can access one single session and a follow up session without parental consent. After the single and follow up session, FSW requires parental consent.
- With parental consent, the FSW provides short term support where students have access to about 6 to 8 sessions as needed.

### What happens in a session with FSW?

- The FSW works one-on-one with a student to resolve mild to moderate social / emotional needs impacting them at school. (Students with severe needs are referred to other professionals).
- If there is more than one session required, FSW workers reach out to families not only for consent, but in order to work together with the family to support the needs of their students.

In surveys after sessions, participants tell us the program is making a significant difference for them. School based administrators and other staff also see the positive impact. I would like to express my gratitude to our Family School Wellness Workers for the dedicated work they are doing, and the difference they make for so many students. As a parent, if you'd like your child to access the FSW program, please contact your child's school.

To read the latest version of the Board e-News, please click [here](#).

A handwritten signature in black ink that reads 'Kurt Sacher'.



We are currently looking for School bus drivers in all areas. If you are interested in becoming a school bus driver please apply online at [www.cesd73.ca](http://www.cesd73.ca) under Careers/ Casual Support Staff, by email at [transportation@cesd73.ca](mailto:transportation@cesd73.ca) or by calling our office at 403-227-7072

Chinook's Edge is one of the largest school divisions in the province, serving over 11,000 students in 43 Central Alberta schools between Calgary and Red Deer. Our schools are located in 13 small communities that sprawl east and west from the Highway 2 corridor, conveniently providing Chinook's Edge staff and families with the best of both worlds



**Helping every child in Canada enjoy the benefits of having their own bicycle and the freedom a bicycle can provide**

## Who we are

My First Bicycle Foundation is a registered Canadian charity established in 2014. We began as a foundation that helped financially disadvantaged kids play hockey. We have now transitioned to donating bicycles to underprivileged children across Canada.

Our foundation believes that all youth deserve access to outdoor activities and exercise. Physical activity and sports give kids an extra opportunity to grow and develop physically and mentally while building character, confidence, and relationships.

## Achievements and goals

In 2022, we donated over 650 bicycles across the nation, totalling in 330 families and 45 cities served. For 2023, we have purchased over 1,500 bikes to give away throughout the year. Also, the year of 2023 comes with improvements on the application platform, logistics, and reviewing process.

## Our mission

My First Bicycle Foundation's mission is to help economically challenged kids own a new bicycle, helmet and lock.

## How it works

- 1 **Submit an application**
- 2 **Application is reviewed & approved**
- 3 **Bicycle is prepared for pickup or package is shipped to you**
- 4 **Open package**
- 5 **Assemble bicycle**
- 6 **Ready to ride!**

FACEBOOK: [HTTPS://WWW.FACEBOOK.COM/HSSFOOTBALL](https://www.facebook.com/HSSFOOTBALL)  
EMAIL: HSSFOOTBALLASSOCIATION@GMAIL.COM



\$60  
grade 6-12  
4:30 - 7:00 pm

MVFA

2023

# SPRING CAMP

KODIAKS | TIGERS

deadline to register *May 20th. 2023*

**JUNE 5-8 2023**



## PARENTS / GRANDPARENTS / FRIENDS

Did you know **Essentials For Our Community** has been

providing lunch snacks for children who may be hungry at this school for the last two years? Essentials also provides nutritious dinners for up to 100 people every Thursday at the Didsbury Train Station along with groceries and other essentials. These weekly dinners not only feed many but also provide a sense of community and connection for those who are isolated and alone. Essentials For Our Community is a 100% non-profit organization with volunteers donating approx. 150 hours of their time every week. Essentials does amazing work in our community and because of this, they have been selected as the charity of choice for the 2023 Tim Horton's Smile Cookie Campaign. Please stop by our Didsbury Tim Horton's and buy a Smile Cookie May 1<sup>st</sup>-7<sup>th</sup> (or a box of them) and support our children!

# Every smile cookie<sup>™</sup> makes a difference.

100% of proceeds go to  
organizations like your  
neighbours at

**Essentials For  
Our Community**



**Tim's**

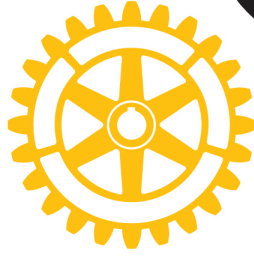
**NOW  
MAY 1-7**

At participating restaurants in Canada. © Tim Hortons, 2023



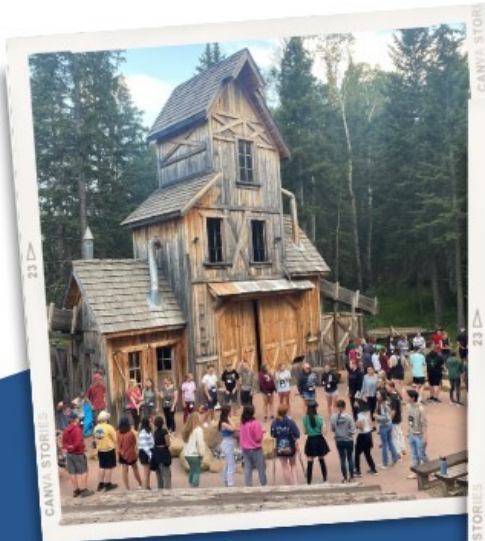
25 YEARS · 2023

Rotary  
Alberta



# Entrepreneurship Camp

COMMUNITY FUTURES | ROTARY DISTRICT 5360



- For youth 13-15
- Learn to set up and operate a business
- Plus other fun activities like zip line, paint ball, archery and more



August 13-19, 2023  
Eagles Nest Ranch

[WWW.ROTARYAYEC.CA](http://WWW.ROTARYAYEC.CA)

Application deadline  
May 15

FREE to attend



## **Didsbury Jr. Golf**

**Are you interested in a fun summer program for your kids?  
Didsbury Golf Club is offering discounted Junior Memberships for  
the 2023 golf season for only \$70!**

**Juniors must be between age 6 & 17.**

Your Junior Golf Membership will include the following:

- \*Optional 7 group golf lessons running every Thursday morning in July and August starting July 6 through to August 17th.
- \*A junior windup on August 24<sup>th</sup> including a fun morning of golf, lunch & prizes.
- \*Use of our junior clubs & pull carts for no charge
- \*Freedom to golf every Thursday morning with only other junior golfers on the course.
- \*Ability to golf at the Didsbury golf club as a member for the full 2023 season

**If this interests you, then come up to the pro shop at the  
Didsbury Golf Club to get registered for a fun, golf filled summer.**

**\*Thanks to **GTA** (Gil's Truck & Auto Repair) for sponsoring the  
summer lessons with proceeds from their annual GTA Golf Tournament**

**For more info call: DGC 403-335-3635 [www.didsburygolf.ca](http://www.didsburygolf.ca)**

